

The BATHE Study

NEWSLETTER, JULY 2016



WOW! We are delighted to be able to let you know that the BATHE Study finished recruiting in May and 480 families are helping us to find out whether adding emollients to the bath really does help eczema! 170 children have been involved for a whole year and have now completed the study.

We are aware that the study is quite a long one and we are amazed that so many of you manage to answer the study questionnaires regularly. We really do think you are fantastic and we are very grateful for your commitment. The more information you can give us the better the study will be!

Each weekly questionnaire is available online for seven days (and the monthly ones for four weeks), but unfortunately it is not possible to go back to a questionnaire once the system has ticked over to the next week. If you are lucky enough to be going away during the holidays, please don't worry too much about missing one or two questionnaires: but please don't forget to log in again when you get back!

If you prefer we can send you paper copies of the questionnaires, so please do let us know if you are having problems getting online. Telephone: 023 8024 1087 or email bathe@soton.ac.uk

You can find all our contact details as well as all the previous study newsletters at: www.southampton.ac.uk/bathe



KEEP IN TOUCH!

We shall be drawing the name of one lucky prize winner out of the hat in December so do let us know if your contact details change.

We shall also post the results of the study to everybody who has taken part, hopefully this will be in 2017.



Summer Skin Care

Sunshine is good for eczema but always use suncream to prevent burning.

Rinse chlorine off your child's skin after swimming because it has a drying effect. On the other hand you might find that sea water improves the skin!

Warmer weather and sweating can make itching more intense so apply emollient creams regularly to maintain skin moisture.

Remember: fun and relaxation are good for eczema!

More information about childhood eczema is available at: www.nottinghameczema.org.uk



Whatever you get up to, we hope you have a wonderful Summer!
- the BATHE Team

Now that recruitment has finished we shall really miss receiving your wonderful duck pictures.



WINNER

Congratulations to **Annamaria**, who sent us her picture of this very handsome duck!



National Institute for Health Research

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